

ACON Northern Rivers

2010 Gay Men living with HIV Retreat

The Fabulous Northern Rivers Retreat is on again and it's back to 4 days!
Friday 23 – Tuesday 27 April (Anzac Day Weekend)

Registrations are NOW open!

- Come to our relaxed bush venue in the Tweed River hinterland
- Chill out in a healthy, natural, safe, secure environment with other gay guys living with HIV!
- Make new friendships & hook up with old friends from the Nth Rivers!
- Discuss issues that impact on our lived experience of HIV.
- Our nutritious menu gets better every year.
- Sleep in either your own camp gear or comfortable bungalow accommodation.

Details of the Workshop programme are still being finalised, however we're planning a creative arts workshop and a Q&A session from a HIV nutritionist.

We'll have the same kinds of fun activities: bushwalking, canoeing and archery. Yoga and meditation will also be offered.

There will be a whole day free to walk in the adjoining Nightcap NP, canoe on the local dam, or just relax in the leafy campground.

Registration fees: Unwaged: \$80, Waged \$110. Assistance with transport may be available, please discuss your needs with us



Further information, including a full Program, details of activities, location and everything else you need to know, will be available in early March when our planning has been finalised.

Make your Early bird booking NOW!

Contact: Neil McKellar-Stewart, HIV Health Maintenance team
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