

10 Things to do with your fingers

We thought of 10 things you can do with your fingers to help you quit smoking. So get creative and put your fingers to use in imaginative ways! Share your ideas at **#SmokeFreeStillFierce**.

1. Knit something



2. DIY manicures!



3. Origami



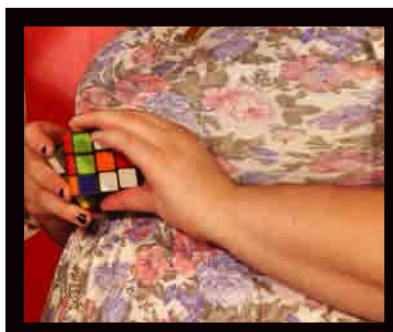
4. Braiding



5. DJ!



6. Finally get through a Rubik's cube



7. Thumb wars



8. Meditate in ways that feel good



9. SMS someone



10. Cut & eat carrots!

