

HERE FOR SHOALHAVEN



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LOCAL LGBTI SOCIAL AND SUPPORT GROUPS

Police Gay & Lesbian Liaison Officers (GLLO)

02 4421 9699 (Nowra)

tinyurl.com/NSWPolice-GLLO

Many police stations will have a GLLO but if you cannot locate one, contact the NSW Region Sponsor, Sexuality, Gender Diversity & Intersex

PFLAG Illawarra

Pflagillawarra.southern@gmail.com

0410 147 435 (Noeline)

Social/support network for parents, families & friends of LGBTI people

Parents of Trans Kids Group

02 4221 5388 (Headspace)

info@headspacenowra.org.au

Support group for parents of transgender and gender diverse or gender questioning children (of all ages)

Marriage Equality Gilmore

facebook.com/gilmoresupportsequality

marriageequalitygilmore@gmail.com

Works in Nowra and surrounds to promote equal marriage through social & educational events

South Coast Rainbow Community

Page: facebook.com/SouthCoastRainbowCommunity

Group: facebook.com/groups/SouthCoastRainbowCommunity

A NSW South Coast social and support group for lesbian, gay, bi, trans, intersex and queer (LGBTIQ+) people, our families and friends

Lesbians in the Shoalhaven Area (LISA)

0416 293 281 (Moiria)

Social group for lesbians living in the Shoalhaven. LISA meets for breakfast on the second Sunday of every month

LOCAL HIV AND STI SERVICES

Nowra Sexual Health Clinic

02 4423 9353

Shoalhaven District Hospital

Testing & treatment for HIV, STIs, and Hepatitis B & C, access to PrEP & PEP, information and advice on sexual health, vaccination for Hepatitis A & B. Free condoms and lube

Local Needle and Syringe Program (NSP)

health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx

Details of local NSPs in the Shoalhaven where you can access sterile injecting equipment, advice, information & referral

Grand Pacific Health Centre

gphnowra.org.au

02 4448 2255

Offers primary health services including sexual health testing

ACON Regional Outreach

1800 063 060 | 02 9206 2113 |

0437 651 752 (John) | [f/aconsouthernnsw](https://facebook.com/aconsouthernnsw)

We're here to support LGBTI people & communities, and people with HIV across regional NSW take control of their health by providing a range of local, outreach and remote programs, campaigns & services, including: peer education, sexual health info & resources, counselling, referrals, inclusive practice training & strengthening supportive environments

