



Invitation to Participate in Research

Phenomenological and Embodied Experience Associated with Ageing in Older Adults

Researchers at UNSW Sydney (The University of New South Wales) Paddington campus are seeking volunteer research participants to learn about how older adults between 60 – 95 years of age perceive ageing and how they are personally experiencing the ageing process, including any changes they may have noticed in their own brain functioning over time.

This is potentially an exciting opportunity for you to tell your story about your lived experience of ageing to researchers who are genuinely interested in hearing from you.

Would the research study be a good fit for me?

The study might be a good fit for you if you meet the following criteria:

- Are between 60 to 95 years old
- Live in Sydney
- Are proficient in English
- Are willing and able to participate in face to face interviews
- Have either a recent diagnosis of dementia, Mild Cognitive Impairment (MCI) or have cognitive functioning within the normal range
- You must be able to provide written informed consent

What would happen if I took part in the research study?

If you decide to take part you would participate in up to 3 face to face interviews, with each interview taking between approximately 45 minutes – 1 hour. You will also complete a short screening task to assess cognitive functioning, taking between 10 – 15 minutes.

Will I be paid to take part in the research study?

Participants will be eligible for a one-off \$100 Coles voucher.

If you would like more information or are interested in being part of the study please contact:

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