

HERE FOR BEGA



This guide can be shared online and printed.
To add or edit a listing please contact ACON Regional Outreach

LOCAL LGBTI SOCIAL AND SUPPORT GROUPS

South Coast Rainbow Community

Page: [facebook.com/
SouthCoastRainbowCommunity](https://facebook.com/SouthCoastRainbowCommunity)

Group: [facebook.com/groups
SouthCoastRainbowCommunity](https://facebook.com/groups/SouthCoastRainbowCommunity)

A NSW South Coast social and support group for lesbian, gay, bi, trans, intersex and queer (LGBTIQ+) people, their families and friends

Sapphire Coast Women's Social Group

facebook.com/groups/453251748097682

Social gatherings and events for women attracted to other women on the NSW Far South Coast

LOCAL HIV AND STI SERVICES

Bega Sexual Health Service

02 6491 9800

Bega Valley Community Health, 4 Virginia Drive
Testing & treatment for HIV, STIs, and Hepatitis B & C, access to PEP, information and advice on PrEP & sexual health, vaccination for Hepatitis A & B. Free condoms and lube

Local Needle & Syringe Program (NSP)

health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx

Details of local NSPs across the Bega Valley, where to access sterile injecting equipment & services that offer advice, information & referral

Bega Valley LGBTIQI Support Group

facebook.com/groups/begavalleylgbtsupport

Closed group for LGBTIQI people in the Bega Valley, Sapphire Coast and surrounds

LGBTQIA+ Youth Group

cmcdonald@gph.org.au (Carly)

Headspace Bega's LGBTQIA+ youth group for ages 12-25 and meets the second Wednesday of the month from 4.30-6pm. Contact headspace for more info

Police Gay & Lesbian Liaison Officers (GLLO)

02 6492 9999 (Bega)

tinyurl.com/police-gllo

Many police stations will have a GLLO but if you cannot locate one, contact the NSW Region Sponsor, Sexuality, Gender Diversity & Intersex

Bega Valley Teen Clinic

Bega Valley Medical Practice, 61 Carp St, Bega

Curalo Medical Clinic, 60 Princes Highway, Eden

Nurse led clinic for young people to discuss sexual health and access free HIV/STI testing and treatment.

Bega - Tuesdays and Thursdays from 2-5pm

Eden - Tuesdays and Thursdays from 1-5pm

ACON Regional Outreach

1800 063 060 | 02 9206 2113

0437 651 752 (Josef) | [f/aconsouthernnsw](https://facebook.com/aconsouthernnsw)

We're here to support LGBTI people & communities, and people with HIV across regional NSW take control of their health by providing a range of local, outreach and remote programs, campaigns & services, including: peer education, sexual health info & resources, counselling, referrals, inclusive practice training & strengthening supportive environments



HERE FOR HEALTH



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STATEWIDE & NATIONAL SERVICES

Ending HIV

endinghiv.org.au

An ACON campaign focused on ending HIV transmission among gay men through testing often, treating early and staying safe

Minus18 (National)

facebook.com/minus18youth

minus18.org.au

Youth led social & support organisation for gay, lesbian, bisexual & trans youth

NSW Sexual Health Info Link

1800 451 624

shil.nsw.gov.au

Phone and online sexual health service for sexual health, specialising in HIV and STI risk assessment, testing, treatment and support

QLife (National)

1800 184 527

qlife.org.au

LGBTIQ phone & online counselling service operating every day from 3pm - midnight

The Institute of Many - TIM (National)

facebook.com/theinstituteofmany
theinstituteofmany.org

Grassroots movement of people living with HIV (PLHIV) who run Australia's largest online community for PLHIV

Gay and Lesbian Rights Lobby (NSW)

glrl.org.au

Referral and resources on gay and lesbian rights for the media, policy makers and the community

NSW Needle and Syringe Program (NSP) Outlets

health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx

Where to access sterile injecting equipment & services that offer advice, information and referral

Intersex Human Rights Australia (IHRA)

facebook.com/intersexaus

ihra.org.au

Information, education & peer support for intersex people, their families & friends

The Bobby Goldsmith Foundation (NSW)

02 9283 8666 | 1800 651 010

bgf.org.au

Counselling, housing, study, employment & financial support for people living with HIV

Twenty10 (NSW)

02 8594 9555

twenty10.org.au

Specialist support for young people of diverse genders & sexualities, & intersex status

Inner City Legal Centre (NSW)

1800 244 481

iclc.org.au

Expert specialist legal advice for LGBTIQ people anywhere in NSW

NSW Police Gay & Lesbian Liaison Officers

tinyurl.com/NSWPolice-GLLO

Many police stations will have a GLLO but if you cannot locate one, contact the NSW Region Sponsor, Sexuality, Gender Diversity & Intersex

Positive Life NSW

02 9206 2177 | 1800 245 677

positivelife.org.au

Information, support, referral and advocacy for people living with HIV in NSW

The Gender Centre (NSW)

02 9569 2366 | 1800 069 115

gendercentre.org.au

Trans & gender diverse accommodation service, & education, support, training & referral centre

Lifeline (National)

13 11 44

24 hour crisis support hotline

ACON Regional Outreach

1800 063 060 | regionaloutreach@acon.org.au

acon.org.au | [f/aconsouthernnsw](https://facebook.com/aconsouthernnsw)

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