

# HERE FOR BLUE MOUNTAINS



This guide can be shared online and printed.  
To add or edit a listing please contact ACON Regional Outreach

## LOCAL LGBTI SOCIAL AND SUPPORT GROUPS

### Alphabet Soup Cinema

[tinyurl.com/ABCSoup](http://tinyurl.com/ABCSoup)

A regular movie night and social event for LGBTIQ people and their friends

### bentArt

[bentart.com.au/](http://bentart.com.au/)

Celebrating LGBTIQ visual artists with an annual art exhibition over the June long weekend

### Blue Mountains Rainbow Families

[tinyurl.com/BMRainbowFams](http://tinyurl.com/BMRainbowFams)

A social/support group for all LGBTIQ families living in the Blue Mountains

### Bush Lemons

[bushlemons.com](http://bushlemons.com)

[bushscout@bigpond.com](mailto:bushscout@bigpond.com)

Lesbian bushwalking and outdoors group

### Lemon Zest

[bmlemonzest.org](http://bmlemonzest.org)

[bmlemonzest@gmail.com](mailto:bmlemonzest@gmail.com)

Lesbian social group hosting regular social activities and events

### IDAHOT Blue Mountains

[facebook.com/groups/idahotbluemountains](https://facebook.com/groups/idahotbluemountains)

Planning group for International Day Against Homophobia, Transphobia and Biphobia

### Parents of Transgender Kids

02 9569 2366

(Liz, Gender Centre)

Support group for parents facilitated by the Gender Centre, meeting bi-monthly in Katoomba

### PFLAG Blue Mountains

[ron.green3@inet.net.au](mailto:ron.green3@inet.net.au)

(Ruth & Ron Green)

Provides help, support and information to families, and friends of all LGBTI people

### Pink Mountains

[facebook.com/groups/pinkmountains](https://facebook.com/groups/pinkmountains)  
[pinkmountains.com.au](http://pinkmountains.com.au)

Online community for LGBTIQ+ people & their friends

### Pink Mountains Youth

[youth@pinkmountains.com.au](mailto:youth@pinkmountains.com.au)

Safe space on the 3rd Tuesday of each month for young LGBTQISSA+ people

### PLWHA Weekly Lunches

Weekly luncheons for people living with HIV held each Wednesday at 10 Station Street Katoomba from 12:30pm

### Three Sisters Social Group

[threesisterssocial.asn.au](http://threesisterssocial.asn.au)

[info@threesisterssocial.asn.au](mailto:info@threesisterssocial.asn.au)

LGBTI social events, all orientations are welcome

### Western Sydney Transgender Support Group

[tinyurl.com/wstgd](http://tinyurl.com/wstgd)

A social and support group for the trans and gender diverse community

## LOCAL HIV & STI SERVICES

### Blue Mountains Sexual Health Clinic

02 4784 6560

Staff Accommodation Block, Blue Mountains Hospital, Katoomba

Testing & treatment for HIV, STIs, and Hepatitis B & C, access to PrEP & PEP, information and advice on sexual health, vaccination for Hepatitis A & B. Free condoms and lube

### Local Needle & Syringe Program (NSP)

[health.nsw.gov.au/hepatitis/pages/nsp-outlets.aspx](http://health.nsw.gov.au/hepatitis/pages/nsp-outlets.aspx)

Details of local NSPs in the Blue Mountains where you can access sterile injecting equipment, advice, information & referral

## ACON Regional Outreach

1800 063 060 | 02 9206 2114

0491 158 515 (Gavin) | [f/aconsouthernsw](https://facebook.com/aconsouthernsw)

We're here to support LGBTI people & communities, and people with HIV across regional NSW take control of their health by providing a range of local, outreach and remote programs, campaigns & services, including: peer education, sexual health info & resources, counselling, referrals, inclusive practice training & strengthening supportive environments



# HERE FOR HEALTH



This guide can be shared online and printed.  
To add or edit a listing please contact ACON Regional Outreach

## STATEWIDE & NATIONAL SERVICES

### Ending HIV

[endinghiv.org.au](http://endinghiv.org.au)

An ACON campaign focused on ending HIV transmission among gay men through testing often, treating early and staying safe

### Minus18 (National)

[facebook.com/minus18youth](https://facebook.com/minus18youth)

[minus18.org.au](http://minus18.org.au)

Youth led social & support organisation for gay, lesbian, bisexual & trans youth

### NSW Sexual Health Info Link

1800 451 624

[shil.nsw.gov.au](http://shil.nsw.gov.au)

Phone and online sexual health service for sexual health, specialising in HIV and STI risk assessment, testing, treatment and support

### QLife (National)

1800 184 527

[qlife.org.au](http://qlife.org.au)

LGBTIQ phone & online counselling service operating every day from 3pm - midnight

### The Institute of Many - TIM (National)

[facebook.com/theinstituteofmany](https://facebook.com/theinstituteofmany)

[theinstituteofmany.org](http://theinstituteofmany.org)

Grassroots movement of people living with HIV (PLHIV) who run Australia's largest online community for PLHIV

### Gay and Lesbian Rights Lobby (NSW)

[glrl.org.au](http://glrl.org.au)

Referral and resources on gay and lesbian rights for the media, policy makers and the community

### NSW Needle and Syringe Program (NSP) Outlets

[health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx](http://health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx)

Where to access sterile injecting equipment & services that offer advice, information and referral

### Intersex Human Rights Australia (IHRA)

[facebook.com/intersexaus](https://facebook.com/intersexaus)

[ihra.org.au](http://ihra.org.au)

Information, education & peer support for intersex people, their families & friends

### The Bobby Goldsmith Foundation (NSW)

02 9283 8666 | 1800 651 010

[bgf.org.au](http://bgf.org.au)

Counselling, housing, study, employment & financial support for people living with HIV

### Twenty10 (NSW)

02 8594 9555

[twenty10.org.au](http://twenty10.org.au)

Specialist support for young people of diverse genders & sexualities, & intersex status

### Inner City Legal Centre (NSW)

1800 244 481

[iclc.org.au](http://iclc.org.au)

Expert specialist legal advice for LGBTIQ people anywhere in NSW

### NSW Police Gay & Lesbian Liaison Officers

[tinyurl.com/NSWPolice-GLLO](http://tinyurl.com/NSWPolice-GLLO)

Many police stations will have a GLLO but if you cannot locate one, contact the NSW Region Sponsor, Sexuality, Gender Diversity & Intersex

### Positive Life NSW

02 9206 2177 | 1800 245 677

[positivelife.org.au](http://positivelife.org.au)

Information, support, referral and advocacy for people living with HIV in NSW

### The Gender Centre (NSW)

02 9569 2366 | 1800 069 115

[gendercentre.org.au](http://gendercentre.org.au)

Trans & gender diverse accommodation service, & education, support, training & referral centre

### Lifeline (National)

13 11 44

24 hour crisis support hotline

## ACON Regional Outreach

1800 063 060 | [regionaloutreach@acon.org.au](mailto:regionaloutreach@acon.org.au)

[acon.org.au](http://acon.org.au) | [f/aconsouthernnsw](https://facebook.com/aconsouthernnsw)

We're here to support LGBTIQ people & communities, and people with HIV across regional NSW take control of their health by providing a range of local, outreach and remote programs, campaigns & services, including: peer education, sexual health info & resources, counselling, referrals, inclusive practice training & strengthening supportive environments

