

# HERE FOR LITHGOW



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## LOCAL LGBTI SOCIAL AND SUPPORT GROUPS

### Headspace Lithgow

23 Main Street, Lithgow  
T: 6352 7600  
E: [hs.lithgow@marathonhealth.com.au](mailto:hs.lithgow@marathonhealth.com.au)  
[Facebook.com/headspacelithgow](https://www.facebook.com/headspacelithgow)  
A free non-judgemental mental health and wellbeing service for 12 -25 year olds.

### Rainbow Lithgow

[facebook.com/groups/1715413505375285](https://facebook.com/groups/1715413505375285)  
A group of LGBTIQ community and friends who like to meet up to have coffee, dinner, and other activities

### Police Gay & Lesbian Liaison Officers (GLLO)

02 6352 8399 (Lithgow)  
[tinyurl.com/NSWPolice-GLLO](https://tinyurl.com/NSWPolice-GLLO)  
Many police stations will have a GLLO but if you cannot locate one, contact the NSW Region Sponsor, Sexuality, Gender Diversity & Intersex

## LOCAL HIV AND STI SERVICES

### Blue Mountains Sexual Health Clinic

02 4784 6560  
Staff Accommodation Block, Blue Mountains Hospital, Katoomba  
Testing & treatment for HIV, STIs, and Hepatitis B & C, access to PrEP & PEP, information and advice on sexual health, vaccination for Hepatitis A & B. Free condoms and lube.

### Local Needle and Syringe Program

[health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx](https://health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx)  
Details of local NSPs in Lithgow, where to access sterile injecting equipment & services that offer advice, information and referral

## ACON Regional Outreach

1800 063 060 | 02 9206 2119  
0491 158 515 (Gavin) | [f /aconsouthernnsw](https://www.facebook.com/aconsouthernnsw)

We're here to support LGBTI people & communities, and people with HIV across regional NSW take control of their health by providing a range of local, outreach and remote programs, campaigns & services, including: peer education, sexual health info & resources, counselling, referrals, inclusive practice training & strengthening supportive environments



# HERE FOR HEALTH



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## STATEWIDE & NATIONAL SERVICES

### Ending HIV

[endinghiv.org.au](http://endinghiv.org.au)

An ACON campaign focused on ending HIV transmission among gay men through testing often, treating early and staying safe

### Minus18 (National)

[facebook.com/minus18youth](https://facebook.com/minus18youth)  
[minus18.org.au](http://minus18.org.au)

Youth led social & support organisation for gay, lesbian, bisexual & trans youth

### NSW Sexual Health Info Link

1800 451 624 | [shil.nsw.gov.au](http://shil.nsw.gov.au)

Phone and online sexual health service for sexual health, specialising in HIV and STI risk assessment, testing, treatment and support

### QLife (National)

1800 184 527 | [qlife.org.au](http://qlife.org.au)

LGBTIQ phone & online counselling service operating every day from 3pm - midnight

### The Institute of Many - TIM (National)

[facebook.com/theinstituteofmany](https://facebook.com/theinstituteofmany)  
[theinstituteofmany.org](http://theinstituteofmany.org)

Grassroots movement of people living with HIV (PLHIV) who run Australia's largest online community for PLHIV

### NSW Police LGBTIQ Liaison Officers (formerly known as GLOs)

[tinyurl.com/NSWPolice-GLO](http://tinyurl.com/NSWPolice-GLO)

Contact officers for LGBTIQ people who are victims of crime. They also assist other police to respond to homophobic and transphobic incidents

### Gay and Lesbian Rights Lobby (NSW)

[glrl.org.au](http://glrl.org.au)

Referral and resources on gay and lesbian rights for the media, policy makers and the community

### Intersex Human Rights Australia (IHRA)

[facebook.com/intersexaus](https://facebook.com/intersexaus)  
[ihra.org.au](http://ihra.org.au)

Information, education & peer support for intersex people, their families & friends

### The Bobby Goldsmith Foundation (NSW)

02 9283 8666 | 1800 651 010

[bgf.org.au](http://bgf.org.au)

Counselling, housing, study, employment & financial support for people living with HIV

### Twenty10 (NSW)

02 8594 9555 (intake)

02 8594 9550 (admin)

[twenty10.org.au](http://twenty10.org.au)

Specialist support for young people of diverse genders & sexualities, & intersex status

### Inner City Legal Centre (NSW)

1800 244 481 | [iclc.org.au](http://iclc.org.au)

Expert specialist legal advice for LGBTI people anywhere in NSW

### Positive Life NSW

02 9206 2177 | 1800 245 677

[positivelife.org.au](http://positivelife.org.au)

Information, support, referral and advocacy for people living with HIV in NSW

### 1800 RESPECT National Sexual Assault, Domestic Family Violence Counselling Service

1800 737 731

Confidential information, counselling and support service Open 24 hours to support people impacted by sexual assault, domestic or family violence and abuse. Call 000 if you are in immediate danger

### The Gender Centre (NSW)

02 9569 2366 | 1800 069 115

[gendercentre.org.au](http://gendercentre.org.au)

Trans & gender diverse accommodation service, & education, support, training & referral centre

### Lifeline (National)

13 11 44

24 hour crisis support hotline

### Sex Worker Outreach Project (SWOP)

02 9206 2166 | 1800 622 902

[swop.org.au](http://swop.org.au)

Run by and for sex workers for information, support, outreach, free worker packs, resources and referrals

### Parents of Gender Diverse Children

[pgdc.org.au](http://pgdc.org.au) | [info@pgdc.org.au](mailto:info@pgdc.org.au)

Peer support for parents and carers of transgender and gender diverse children

### Multicultural HIV and Hepatitis Service

1800 108 098 | [mhahs.org.au](http://mhahs.org.au)

Multi-lingual health information and support

## ACON Regional Outreach

1800 063 060 | [regionalloutreach@acon.org.au](mailto:regionalloutreach@acon.org.au)

[f /ACONSouthernNSW](https://www.facebook.com/ACONSouthernNSW)

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ACON acknowledges and pays respects to the Traditional Custodians of all the lands on which we work.

