

# POSITION DESCRIPTION



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<b>Position Title:</b>	Counsellor/Care Coordinator, Sexual, Domestic and Family Violence
<b>Work Level:</b>	Professional

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## Reports to

Team Leader, Care Coordination

## Position Overview

This position includes a mix of short-term solution-focused counselling services, care coordination, referrals and advocacy for clients experiencing sexual abuse and/or domestic family violence (SDFV).

This is an exciting new role for ACON, resulting from SDFV specific funding. This role operates in the context of a multi-disciplinary team working within a trauma informed, client centred model to deliver short-term support to our clients; namely psychosocial assessment, short term counselling, care coordination and advocacy.

The specific components of the position will be negotiated with the successful applicant(s) based on their skills and experience and the needs of the organisation.

## Main Activities

This role will include some or all of the following:

- Conduct psychosocial assessments in order to identify client needs and develop service packages; services may include immediate short-term solution-focused assistance for clients, crisis or high-needs support in relevant cases, or arrangements/referrals for longer-term support
- Maintain a caseload of counselling and care coordination clients, specifically LGBTQ+ clients who have experienced sexual abuse and/or domestic and family violence. Some clients may also be seeking support in relation to gender and/or sexuality, mental health, substance support, aging, housing and newly diagnosed or living longer-term with HIV.
- Provide therapeutic services utilising a range of best practice strategies and facilitating clients' access to evidence-based supportive therapies.
- Formulate and create personalised interventions, treatments and management plans, including safety planning, goal setting, counselling and psychoeducation.

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APPROVED	Counsellor/Care Coordinator, Sexual, Domestic and Family Violence	September 2020

- Collaborate with clients, other services, supervisors and managers to manage and mitigate risk in a victim/survivor focused, trauma-informed manner, and in line with ACON's policies and procedures.
- Maintain and ensure the confidentiality of client files and service data.
- Plan, schedule, deliver and evaluate ACON's counselling services, within the context of the SDFV project to achieve established goals and objectives in line with ACON's Business Plan
- Establish and maintain networks with Government departments and other agencies to facilitate client referrals, advocating on behalf of clients where necessary and appropriate.
- Develop and maintain effective relationships with stakeholders.
- Actively participate in and contribute to an ongoing process of line management supervision, external clinical supervision, unit meetings, team meetings, general staff meetings, quality improvement and professional development strategies.
- Identify and act on opportunities for improvement of existing programs/services and new opportunities for growth and funding.
- Perform other duties to assist with the work of the unit and contribute to the broader strategic goals of the organisation, as requested by your supervisor (or designate).

#### **Selection Criteria:**

##### ***Essential:***

1. Tertiary qualifications in social work, psychology, counselling, psychotherapy, occupational therapy and relevant professional registration.
2. Demonstrated two years of experience working with clients in the field of SDFV.
3. Understanding of the unique complexities of working with LGBTQ+ clients who have experienced SDFV.
4. Detailed understanding of the causes and consequences of sexual, domestic and family violence and commitment to the provision of services from a feminist and trauma-informed perspective.
5. Demonstrated skills in a number of the following short-term solution-focused interventions; Cognitive Behavioural Therapy, Narrative Therapy, Solutions Focused Brief Therapy, Acceptance and Commitment Therapy, Motivational Interviewing and Positive Behavioural approaches.
6. Understanding of and commitment to ACON's communities.
7. High level oral and written communication skills including case notes, active listening, empathy, negotiation, conflict resolution and feedback.

##### **Desirable**

1. Experience in group work
2. A demonstrated understanding of the workings of the health and community sector.

3. Experience in developing and maintaining effective relationships and partnerships with other organisations and services, both government and non-government, to ensure effective responses to community issues and the availability of appropriate referral pathways.
4. Eligible to provide Medicare rebate-able services through the Government's Better Access initiatives