

# HERE FOR ACON NORTHERN RIVERS



This guide can be shared online and printed from [acon.org.au/who-we-are-here-for/regional-nsw/](http://acon.org.au/who-we-are-here-for/regional-nsw/)  
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## NORTHERN RIVERS

### LOCAL LGBTIQ+ SOCIAL AND SUPPORT GROUPS

#### Lismore Campus SCU Queer Collective

Facebook - Lismore Campus SCU Queer Collective

A social group for queer students and their allies

#### Rainbow Alliance SCU Gold Coast Campus

Facebook - Rainbow Alliance SCU Gold Coast Campus

Promoting a safe, open, and inclusive community for queer students and allied friends studying, living, and playing on the Gold Coast, Queensland

#### Tropical Fruits Inc.

6622 6440 | [tropicalfruits.org.au](http://tropicalfruits.org.au)

Facebook - The Tropical Fruits Inc

Social events and support for LGBTIQ+ and friends

#### Queer Beers Brunswick Heads

Facebook - Queer Beers

Mixed -Gender, monthly social in the beer garden at the Brunswick Heads Hotel

#### Queer Beers Lismore

Facebook - Queer Beers Lismore

Every 4th Sunday of the month (4-8pm) for the LGBTIQ+ community at the Northern Rivers Hotel in Lismore

#### Lismore Lads Club Lunch

Facebook - lismore lad's club

A monthly social get together of gay guys living with or affected by HIV, and our friends and supporters. This is a private group

#### Queer Family

Facebook - Queer Family

Building LGBTIQ+ community ad safe spaces in the Northern Rivers coastal areas

#### Northern Rives Bears

Facebook - Northern Rivers Bears Est 2020

Monthly Den Nights at the Civic Hotel, Lismore

#### Lantana Lesbians Facebook Group, Northern Rivers

Email Sarah to join

[sarahsongbird@hotmail.com](mailto:sarahsongbird@hotmail.com)

A Facebook network of coastal and inland women for promotion of events, social and sporting outings & informal get-togethers

#### Gar'ban'djee'lum network

Facebook - garbandjeelum

[garbandjeelum@gmail.com](mailto:garbandjeelum@gmail.com)

Aboriginal & Torres Strait Islander LGBTIQ+ Sistergirl & Brotherboy Network Group

#### Indigilez Leadership and Support Group

[www.indigilez.org](http://www.indigilez.org)

Social support group for Aboriginal, Torres Strait Islander and Australian South Sea Islander lesbian and same sex attracted women and families

#### Men's Lounge, Lismore

Russell Ph: 0481 117 121

[menslounge2480@gmail.com](mailto:menslounge2480@gmail.com)

A group of gay and bisexual men who meet at the Tropical Fruit Bowl in South Lismore on the second Friday of each month

#### Northern Rivers Transgender & Gender Diverse Network

Facebook: Northern Rivers Trans\* & Gender Diverse Group

A Facebook group for trans & gender diverse community people in the area for support and local resources

#### Fruity Fridays

First Friday of the Month, 6-11pm at the Civic Hotel, all welcome

#### Flashback Fridays

Facebook - Flashback Friday's

Third Friday of the Month, from 6pm at the Civic Hotel, all welcome

#### Northern Rivers Lesbian Network

Facebook - Northern Rivers Lesbian Network

Closed group for lesbians to mingle, make new friends, socialise & network in Lismore, Byron, Tweed, the southern Gold Coast down to Grafton

#### Northern Rivers Gay Men's Group

Facebook - Northern Rivers Gay Men

A private group page where mature gay men in Nth NSW/SEQLD can get to know each other and organise regular social get-togethers

#### Fierce FM

Facebook - Fierce FM

[fiercefm.podbean.com](http://fiercefm.podbean.com)

½ hour weekly LGBTIQ+ show broadcast throughout Australia on the Community Radio Network, and NZ on freshfm

#### Q Paddlers and Q Campers

Facebook - Q Paddlers

Facebook - Q Campers

Two groups for the Queer / LGBTI community of the Northern Rivers to South East Queensland area to organize social paddling days (kayaking / canoeing) and social camping trips

#### Bush Fruits Landcare

Facebook - Bush Fruits

Tropical Fruits Landcare Group: Local Landcare group for the LGBTIQ+ community of Lismore and surrounds

### ACON Northern Rivers

02 6622 1555 | 1800 063 060 | [northernrivers@acon.org.au](mailto:northernrivers@acon.org.au)

[f/aconorthernrivers](https://www.facebook.com/aconorthernrivers)

We're here for people of diverse sexualities and genders and people with HIV across regional NSW. Providing a range of outreach services, including: peer education, sexual health info & resources, counselling, referrals, inclusive practice training & strengthening supportive environments.

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### LOCAL HIV AND STI SERVICES

#### Clinic 145 Tweed Valley Sexual Health Service

Level 1, 145 Wharf St, Tweed Heads  
07 5506 6850 | Mon-Fri 9:00am – 5:30pm

#### Lismore Sexual Health Service

4 Shepherd Lane 'Tara House', Lismore  
For Lismore clinic times and appointments call 6620 2980

#### Choices Reproductive and Sexual Health Clinic

Lismore 6620 7660 (alternate Fridays)  
Youth Clinic, Lismore (Thursdays)  
[socialfutures.org.au/choices](http://socialfutures.org.au/choices)

#### Bullinah Aboriginal Health Service

120 Tamar St, Ballina NSW 2478  
6681 5644

#### Jullums Aboriginal Medical Service, Lismore Clinic

51 Uralba St, Lismore NSW 2480  
6621 4366

### WOMENS HEALTH

#### Lismore Womens Health and Resource Centre

6621 8591

Counselling, Pregnancy support, sexual and reproductive health, wellbeing groups, healthy heart checks, cervical screening, drop in support. All women welcome

#### Bulgarr Ngaru Medical Aboriginal Corporation, Richmond Valley - Casino Clinic

153 Canterbury St, Casino NSW 2470  
6662 3514

#### Local Needle & Syringe Program (NSP) Outlets

[health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx](http://health.nsw.gov.au/hepatitis/Pages/nsp-outlets.aspx)

Local NSPs in the Northern Rivers for sterile injecting equipment, advice, information & referral

#### The Dried Blood Spot (DBS) HIV Test (from home)

[hivtest.health.nsw.gov.au](http://hivtest.health.nsw.gov.au)

Dried blood Spot (DBS) Test is a new, free, easy, private and accurate way to test for HIV and hepatitis C. You collect a few drops of blood from your finger and place on card provided. Return test in a reply paid envelope and receive results within two weeks by phone text or email

#### BreastScreen NSW

Call 13 20 50 for appointment for women aged 40+

29 Uralba Street, Lismore NSW 2480

The Tweed Hospital, Tweed Heads NSW 2485

### AGED SERVICES

#### Seniors Rights Service

66211070 | 1800424079

[seniorsrightsservice.org.au](http://seniorsrightsservice.org.au)

Legal-Advocacy-Education: Free legal advice, advocacy & education session for LGBTI seniors who are receiving Commonwealth funded aged care services.

Aged Care Navigator Trail: We support LGBTI seniors who are not receiving Commonwealth funded services to navigate the aged care system and to access aged care services.

#### Dementia Australia

1800 100 500

[dementia.org](http://dementia.org).

Dementia Australia is committed to the inclusion of LGBTIQ++ people in all aspects of service provision & offers a wide variety of supports, referrals, and services, as well as multilingual resources to all people living with dementia, their carers, partners, family, & friends.

### ALCOHOL, DRUG AND OTHER SUBSTANCE SUPPORT

#### Riverlands Drug and Alcohol Centre

6620 7608

Purpose built multifunctional drug and alcohol treatment centre in Lismore. Residential detoxification unit, methadone & buprenorphine clinic, clinical liaison and outpatient services

#### The Buttery Rehab

6687 1111

[buttery.org.au](http://buttery.org.au)

Specialises in the treatment of alcohol and other drug misuse, problem gambling and mental health issues

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### DOMESTIC AND FAMILY VIOLENCE SUPPORT

#### Men and Family Centre

02 6622 6116

For addressing abuse in relationships

#### Say It Outloud

[sayitoutloud.org.au](http://sayitoutloud.org.au)

Provides information, support and resources about abuse in LGBTQ+ relationships as well as information and tips about how to make relationships healthier

#### Northern Rivers Women's Domestic Violence Services

02 6621 1044 | 1800 938 227

For information, referral, support and court advocacy

#### GLLOs – NSW Police LGBTI Liaison Officers

07 5506 9499 (Byron Bay/Tweed Heads)  
6642 0222 (Grafton) | 6681 8699 (Lismore/Ballina)  
[tinyurl.com/NSWPolice-GLLO](http://tinyurl.com/NSWPolice-GLLO)

#### Northern Rivers Community Legal Centre

02 6621 1000 | 1800 689 889

For free legal advice, information and referral including support with tenancy matters

### GENDER AFFIRMING HEALTH SERVICES

#### North Coast Sexual Health Services

Lismore 02 6620 2980 | Tweed 07 5506 6850

Providing medical affirmation services under informed consent for people over 16yrs including assessment & prescribing of hormones in line with Australian Guidelines, insertion of oestrogen pellets and surgical referral. GP referral required

#### TransHub

[transhub.org.au](http://transhub.org.au)

[instagram.com/transhub\\_ACON](https://www.instagram.com/transhub_ACON)

Health ACON's digital information & resource platform for all trans & gender diverse people in NSW, our loved ones, allies & health providers. Includes ACON's Gender Affirming Doctor list

### YOUTH SERVICES

#### Spectrum LGBTIQAP+ Social Groups

07 5589 8700 (Jackie)

Meets monthly for LGBTIQAP+ & gender diverse young people aged 16-25 years in the Tweed and Murwillumbah

#### Q\*Network - Tweed/Southern Gold Coast LGBTIQAP+ Youth Network

07 5589 8700 (Damien)

[dbecker@headspace-tweed.org.au](mailto:dbecker@headspace-tweed.org.au)

Q\*Network (formerly Compass) is a youth-driven network of community members and service providers uniting to provide safety, support, acceptance, and celebration for LGBTIQAP+ young people in the Tweed Shire and Southern Gold Coast

#### Headspace LGBTIQ Youth Groups

6625 0200

[enquiries@headspace-lismore.org.au](mailto:enquiries@headspace-lismore.org.au)

LGBTIQ+ youth social group meets every second Monday FRESH FRUITS 16-25 years old JUICY FRUITS for 12 to15-year-olds

#### Headspace

Headspace has centres located throughout Australia

#### Headspace Lismore

2A Carrington Street, Lismore  
6625 0200

#### Headspace Tweed Heads

145 Wharf Street, Carmarco Building,  
Tweed Heads  
5589 8700

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## STATEWIDE & NATIONAL SERVICES

### Ending HIV

[endinghiv.org.au](http://endinghiv.org.au)

An ACON campaign focused on ending HIV transmission among gay men through testing often, treating early and staying safe

### Minus18 (National)

[facebook.com/minus18youth](https://facebook.com/minus18youth) | [minus18.org.au](http://minus18.org.au)

Youth led social & support organisation for gay, lesbian, bisexual & trans youth

### NSW Sexual Health Info Link

1800 451 624 | [shil.nsw.gov.au](http://shil.nsw.gov.au)

Phone and online sexual health service for sexual health, specialising in HIV and STI risk assessment, testing, treatment and support

### QLife (National)

1800 184 527 | [qlife.org.au](http://qlife.org.au)

LGBTIQ+ phone & online counselling service operating every day from 3pm - midnight

### The Institute of Many - TIM (National)

[facebook.com/theinstituteofmany](https://facebook.com/theinstituteofmany)  
[theinstituteofmany.org](http://theinstituteofmany.org)

Grassroots movement of people living with HIV (PLHIV) who run Australia's largest online community for PLHIV

### 1800 RESPECT National Sexual Assault, Domestic Family Violence Counselling Service

1800 737 731

Confidential information, counselling and support service Open 24 hours to support people impacted by sexual assault, domestic or family violence and abuse. Call 000 if you are in immediate danger

### NSW Police LGBTIQ Liaison Officers (formerly known as GLLOs)

[tinyurl.com/NSWPolice-GLLO](http://tinyurl.com/NSWPolice-GLLO)

Contact officers for LGBTIQ+ people who are victims of crime. They also assist other police to respond to homophobic and transphobic incidents

### Gay and Lesbian Rights Lobby (NSW)

[gtrl.org.au](http://gtrl.org.au)

Referral and resources on gay and lesbian rights for the media, policy makers and the community

### Intersex Human Rights Australia (IHRA)

[facebook.com/intersexaus](https://facebook.com/intersexaus) | [ihra.org.au](http://ihra.org.au)

Information, education & peer support for intersex people, their families & friends

### Bobby Goldsmith Foundation (NSW)

02 9283 8666 | 1800 651 010 | [bgf.org.au](http://bgf.org.au)

Counselling, housing, study, employment & financial support for people living with HIV

### Twenty10 (NSW)

02 8594 9555 (intake) | 02 8594 9550 (admin)  
[twenty10.org.au](http://twenty10.org.au)

Specialist support for young people of diverse genders & sexualities, & intersex status

### Inner City Legal Centre (NSW)

1800 244 481 | [iclc.org.au](http://iclc.org.au)

Expert specialist legal advice for LGBTIQ+ people anywhere in NSW

### Lifeline (National)

13 11 44

24 hour crisis support hotline

### Positive Life NSW

02 9206 2177 | 1800 245 677 | [positivelife.org.au](http://positivelife.org.au)

Information, support, referral and advocacy for people living with HIV in NSW

### The Gender Centre (NSW)

02 9569 2366 | 1800 069 115

[gendercentre.org.au](http://gendercentre.org.au)

Trans & gender diverse accommodation service, & education, support, training & referral centre

### Sex Worker Outreach Project (SWOP)

02 9206 2166 | 1800 622 902 | [swop.org.au](http://swop.org.au)

Run by and for sex workers for information, support, outreach, free worker packs, resources and referrals

### Parents of Gender Diverse Children

[pgdc.org.au](http://pgdc.org.au) | [info@pgdc.org.au](mailto:info@pgdc.org.au)

Peer support for parents and carers of transgender and gender diverse children

### Multicultural HIV and Hepatitis Service

1800 108 098 | [mhahs.org.au](http://mhahs.org.au)

Multi-lingual health information and support

### BlaQ

[blaq.org.au](http://blaq.org.au) | [facebook.com/blaqmobs](https://facebook.com/blaqmobs)

BlaQ Aboriginal Corporation is committed to empowering the Aboriginal and Torres Strait Islander LGBTIQ+ community through innovation, inclusion, understanding and advocacy

### Rainbow Cultures

[rainbowcultures.org.au](http://rainbowcultures.org.au)

A Directory of LGBTQIA+ multicultural community groups and services in NSW

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