

# HERE FOR COMMUNITY



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## LGBTQ+ INCLUSIVE GP'S

We can provide a list of surgeries we have had positive feedback on, but this does not guarantee a positive experience for everyone. If you know someone who has had, or you have had a negative experience with any health professionals, you can discuss with [ACON](#) to share information.

Please note: Medicare bulk billing and practice fees depend on the clinician, the surgery, you and your health needs. Please discuss payment options with the GP surgery directly.

### Appletree Family Practice

[appletreefamilypractice.com.au](http://appletreefamilypractice.com.au)

02 4922 6400

Dr Phoebe Walsh  
(Charlestown)

### Cardiff Medical Centre & Skin Cancer Clinic

[cardiffmedicalcentre](http://cardiffmedicalcentre)

[andskincancerclinic.com.au](http://andskincancerclinic.com.au)

02 4918 3800

Dr Charlotte Payne  
(Cardiff)

### Charlestown Square Medical Centre

[ipn.com.au/gp/nsw-charlestown-charlestown-square-medical-centre](http://ipn.com.au/gp/nsw-charlestown-charlestown-square-medical-centre)

02 4943 3166

Dr. Kathleen Wild  
(Charlestown)

### Hamilton Medical Centre

[Hamilton Medical Centre](http://Hamilton Medical Centre)

02 4961 1713

Dr. Ella Hegarty  
(Hamilton South)

### Kotara Family Practice

[www.kotarafamilypractice.com.au](http://www.kotarafamilypractice.com.au)

02 4956 0888

(Westfield Kotara Shopping Centre)

### Mayfield Medical Connection

[mayfieldmedicalconnection.com.au](http://mayfieldmedicalconnection.com.au)

02 4968 2157

Dr. Miranda Cook  
(Mayfield)

### Newcastle General Practise

[newcastlegeneralpractice.com.au](http://newcastlegeneralpractice.com.au)

02 4946 6000

Dr Dean Miller  
(Hamilton East)

### Warabrook Doctors

[warabrookdoctors.com.au](http://warabrookdoctors.com.au)

02 4968 9932

(Warabrook)

### Windale Community Medical Centre

[ipn.com.au/gp/nsw-windale-windale-community-medical-centre](http://ipn.com.au/gp/nsw-windale-windale-community-medical-centre)

02 4948 5611

Dr. Melissa Collogan  
(Windale)

## SEXUAL HEALTH

TESTING, TREATMENT,  
PREP OPTIONS

### Sexual Health Infolink (SHIL)

[shil.nsw.gov.au](http://shil.nsw.gov.au)

1800 451 624

### PEP (Post-Exposure Prophylaxis) Hotline

800 737 669

### Atomo HIV Self Test

At home HIV tests

[atomohivtest.com](http://atomohivtest.com)

### Ending HIV

[endinghiv.org.au](http://endinghiv.org.au)

### Emen8

[emen8.com.au](http://emen8.com.au)



## PRIVATE THERAPY OPTIONS

### ACON's Pride Counselling

To see a private therapist at ACON, you will require a mental health care plan. Pride Counselling is ACON's LGBTQ+ inclusive and affirming counselling service. Anyone 18yo+ LGBTQ+ in NSW can self-refer to the service, and there are a range of ways to reduce out-of-pocket costs. Currently Pride therapists are all based in Sydney and are available for telehealth.

[acon.org.au/support-services/pride-counselling/](http://acon.org.au/support-services/pride-counselling/)

Below is a list of private therapists and practices in the Hunter that previous ACON clients have provided positive feedback.

#### Alliance Psychology

[alliancepsyc.com.au](http://alliancepsyc.com.au)

(02) 4940 7284

Nerida Mason

(Broadmeadow)

#### Awake Counselling

[awakecounselling.com](http://awakecounselling.com)

Elvis Caus – 0449 191 883

#### Bloom well-being

[bloomwell-being.com.au](http://bloomwell-being.com.au)

0477 110 953

Stacey O'Neil

#### The CBT Clinic

[thecbtclinic.com.au](http://thecbtclinic.com.au)

Alex Cameron – 0401 115 259

#### Cherie Gillett

[cheriegillett.com](http://cheriegillett.com)

Enquiries via [website](#)

(Port Macquarie)

#### Connect Psychology Practise

[connectpsychologypractice.com](http://connectpsychologypractice.com)

Contact Leigh Wallas via [website](#)

(Bondi – Telehealth only)

#### Emerge Therapy

[emergesocialwork.com.au](http://emergesocialwork.com.au)

Amanda Watts – 0411 701 864

Nicole Walmsley – 0401 655 165

(Lambton)

#### Forest for the Trees Perinatal Psychology

[forestpsychology.com.au](http://forestpsychology.com.au)

0474 251 669

Penny Marshall

(Cooks Hill)

#### Gabrielle Lawrie

[gabriellelawrie.wordpress.com](http://gabriellelawrie.wordpress.com)

Gabrielle Lawrie – 0424 074 609

(Adamstown)

#### Gearing Up Psychology

[gearinguppsychology.com](http://gearinguppsychology.com)

Chris Brown – (02) 4933 2622

#### The Iceberg Foundation

[theicebergfoundation.org](http://theicebergfoundation.org)

Mishma Kumar-Jonson – 0422 468 026

#### Laxmi Green

[aabcap.org/find-a-therapist/laxmi-green](http://aabcap.org/find-a-therapist/laxmi-green)

Enquiries via [website](#) Laxmi Green

(Lambton)

#### Nested Hearts

[nestedhearts.com](http://nestedhearts.com)

Sarah Daley – 0413 629 703

(Lismore)

#### New Psych

[newpsych.com.au](http://newpsych.com.au)

(02) 4926 5005

Ben Fletcher, Dr Mathew Jepson

& Emma Gallagher

(Newcastle)

#### Oracle Psychology

[oraclepsychology.com.au](http://oraclepsychology.com.au)

02 4929 2223

Child & Adolescent Psychologist

Daniel McAlpine (Newcastle)

#### Orchard Counselling Service

[orchardcounselling.com.au](http://orchardcounselling.com.au)

0421 576100 (Hamilton Office)

0493 977688 (Nelson Bay Office)

#### Replenish Counselling

[replenishcounselling.com.au](http://replenishcounselling.com.au)

0406 027 197

(Lambton)

#### Starfish Psychology

[starfishpsychology.com.au](http://starfishpsychology.com.au)

(02) 4023 2179

Barb Donnan

(Wickham)

#### SEVA House

[sevahouse.com.au](http://sevahouse.com.au)

0404 720 027

(Maitland)

#### Sunny Steps Psychology

[sunnystepspsychology.com.au](http://sunnystepspsychology.com.au)

1300 418 579

Autism Assessment/Behaviour Support

Leah Flanagan (Hamilton)

#### Tammy Stander

[tammystander.com.au](http://tammystander.com.au)

Tammy Stander – 0402 331 188

#### Wave Psychology & Coaching

[wavepsychology.com.au](http://wavepsychology.com.au)

Tanya Jarrett – 0414 690 067

## GENDER-AFFIRMING HEALTHCARE

If you are looking to engage with gender affirmation care, you have the following options:

### Maple Leaf House

If you are under 25 years old – you are eligible to access [Maple Leaf House](#). This service provides young people a holistic approach to gender with medical and allied health professionals working alongside clients and their families. You will need a GP referral to access this service. All services are covered under Medicare.

02 4016 4980

[hnekidshealth.nsw.gov.au/specialist-services/gender](http://hnekidshealth.nsw.gov.au/specialist-services/gender)

### HNE Sexual Health

If you are 25 years and over & meet the eligibility sexual health – you are eligible to access [HNE Sexual Health](#). You will need a GP referral to access this service and all services are covered under Medicare. If you would like to check eligibility and referral pathways, please call [Pacific Clinic](#) triage. PH:02 4016 4536 (select option 1).

[hnesexualhealth.org.au](http://hnesexualhealth.org.au)

### John Hunter Hospital (JHH) Department of Endocrinology and Diabetes

If you are 25 years and over – you are eligible for referral to the John Hunter Hospital (JHH) Department of Endocrinology and Diabetes. You will need a GP referral to JHH outpatient department to access this clinic. This service is covered under Medicare. For more information, please call the advice phone line on PH: 02 4985 5135

### Transhub

For all people – you can access gender affirmation by specialised GPs in your area. Please check out your options on [Transhub](#). There may be charges to see the GP, please discuss your billing options directly with the practice. Please be aware that all gender affirmation clinics will have wait times as they are a specialist service. If you are not eligible or do not have Medicare, please contact [ACON](#) to discuss your options.

[transhub.org.au](http://transhub.org.au)

