



What we will do



ACON Impact Strategy 2025 to 2030



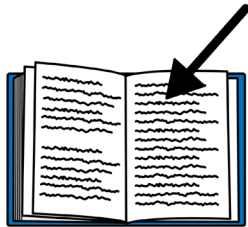


About this book

This book is from ACON.



This book has some hard words.

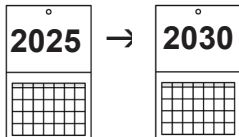


We write hard words in **bold**.

We write what the hard words mean.



This book is about our strategic plan.



Our strategic plan is from 2025 to 2030.



You can read the full plan on our website.

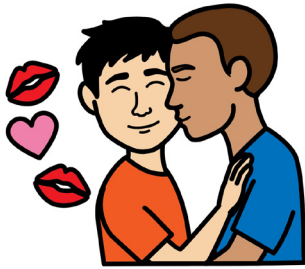


This book says how we will do our work.



We help LGBTQ+ people

The letters in **LGBTQ+** are about people.



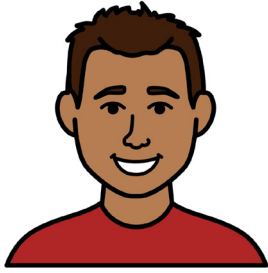
The letters are about **sexuality**.

Sexuality is about who you are attracted to.



The letters are also about **gender**.

Gender identity means what you understand about who you are.



Your gender identity might be

- a man
- a woman

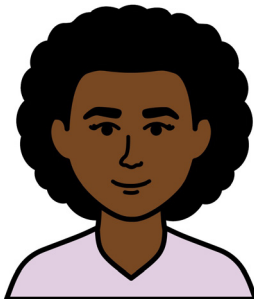


- **non binary.**



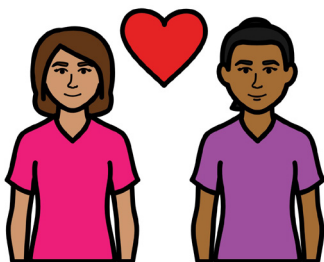
Non binary means you might feel you are

- both man and woman
- not man or woman

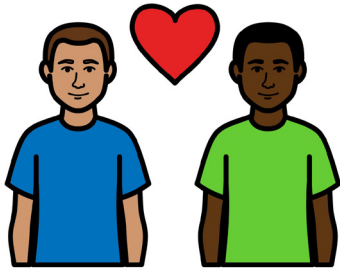


- somewhere in between.

L means lesbian

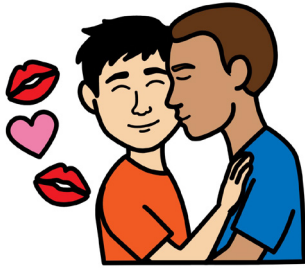


Lesbian means you are a woman who is attracted to women.

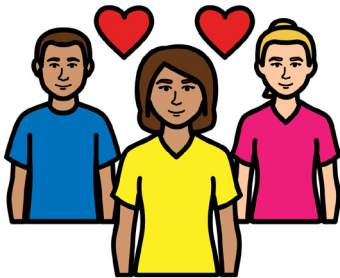


G means gay

Gay means you are a man who is attracted to men.

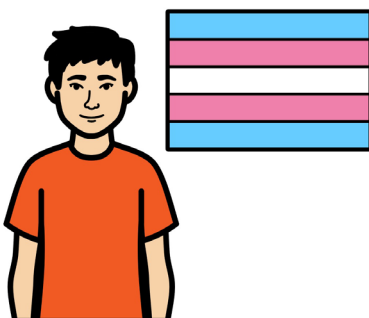


Gay also means you are attracted to people with the same gender identity.



B means bisexual

Bisexual means you are attracted to more than one gender.



T means transgender

Transgender means your gender identity is different to when you were born.

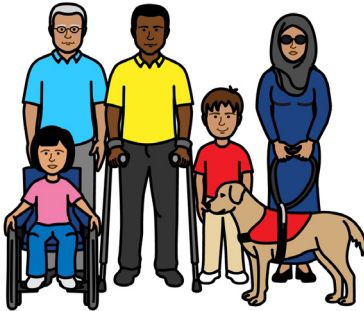
Transgender is sometimes called trans.



Q means queer

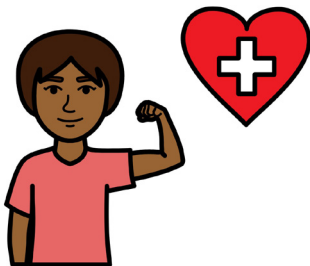
Queer means you might be one or more of the letters.

+ or plus



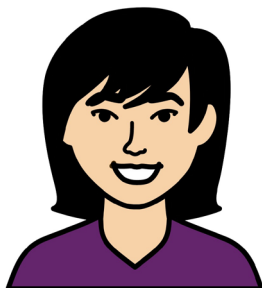
The + means we include every

- sexuality
- gender.



We want LGBTQ+ people to be

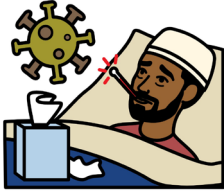
- healthy



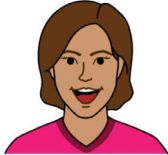
- happy.

We want LGBTQ+ people to have lots of good people in their lives.

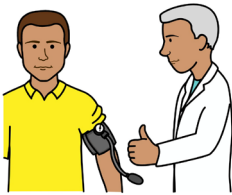
Our plan is about 5 things



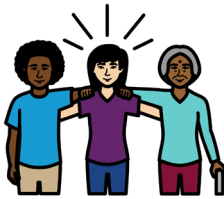
1 We will teach people about HIV



2 We want people to have good mental health.



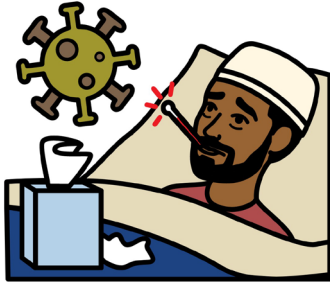
3 We want more people to be healthy.



4 We want people to belong.

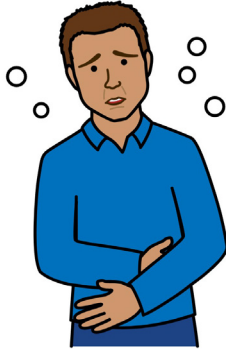


5 We want Australia to be inclusive.



1 We will teach people about HIV

HIV is a virus.



The HIV virus can

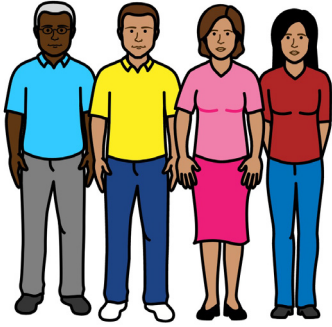
- make you sick
- attack your body.



We want people who have HIV to get medicine.



We want people who have HIV to have a good life.



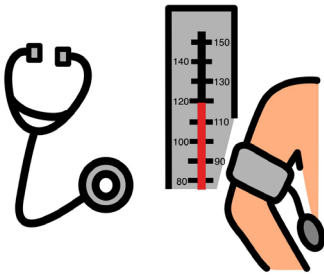
We help people who

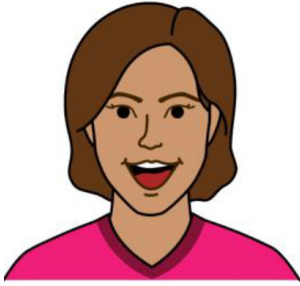
- have HIV
- might get HIV.



For example, we will tell you

- how to be safe from HIV
- what to do if you have HIV.
- where you can get a HIV test.





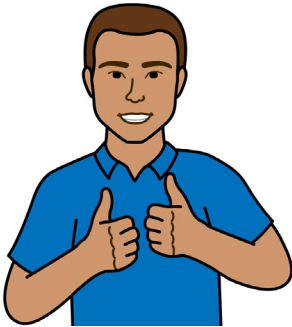
2 We want people to have good mental health

Mental health is about how you feel.



How you feel can change the way you

- think



- act.

We will do more to help people with mental health.



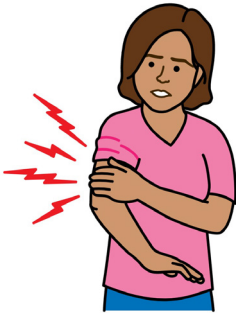
You can talk to us about your mental health.



We can help you when you feel stress.



We can help if someone is not fair to you.

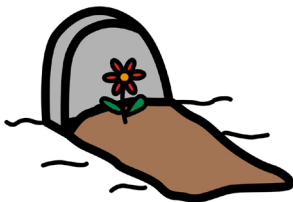


We can help if someone

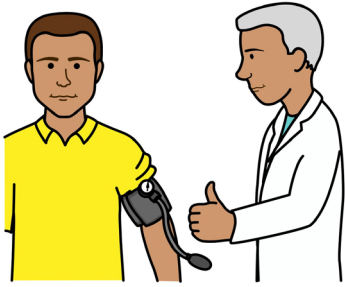
- hurts you
- scares you.



We can help if you think about **suicide**.



Suicide is when you kill yourself.



3 We want more people to be healthy

We want to help people be healthy when they get older.

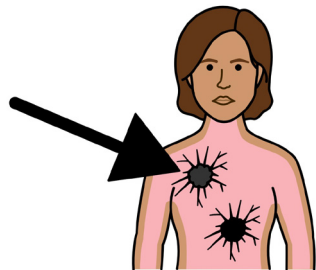


We will help you be safe if you use

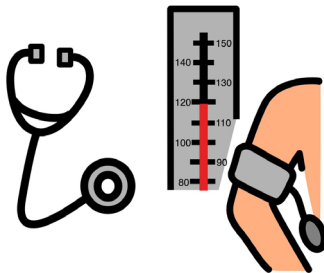
- alcohol



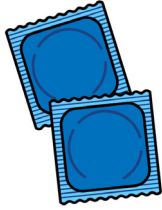
- drugs.



We will tell you about cancer.



We will tell you where you can get a cancer test.



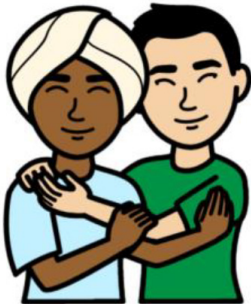
We will tell you how to have **safe sex**.

Safe sex means you use **protection** when you have sex.



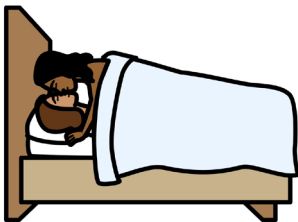
Protection can help you

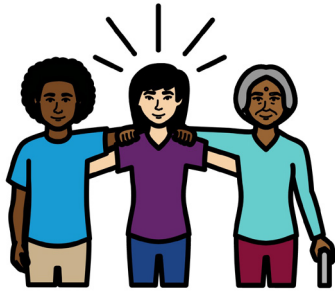
- not get HIV
- not get sick.



We can also tell you how to have

- good relationships
- sex only when you want to.

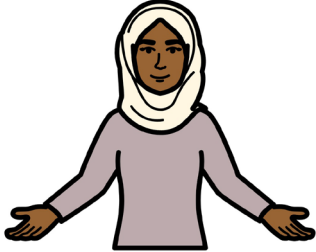




4 We want people to belong

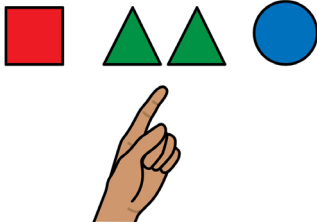
We want people to feel

- safe
- welcome.



We will have programs to help people to belong.

We will help you make friends.



We will help you find people who like what you like.

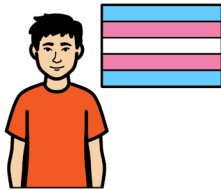


We will make sure people can get support.



For example

- old people



- trans people



- Aboriginal and Torres Strait Islander people



- people from different cultures

- women.



5 We want Australia to be inclusive

Inclusive means for everyone.



We will tell people how to be inclusive

- at work



- in hospital



- in sport clubs.



We will make sure LGBTQ+ people can be part of **health research**.



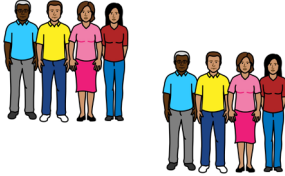
Health research means we learn about

- what makes us sick
- what can help us stay well.

What helps us do our work



We want to do a good job.



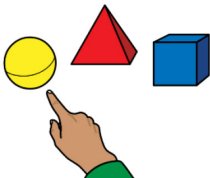
We want to help more people.



We need money to do our work.



We ask LGBTQ+ people what they think about our work.



We ask LGBTQ+ people to help us make decisions.



We will tell the government what LGBTQ+ people need.



We work with our

- staff



- **volunteers.**



Volunteers are people who work for free.



We help our staff

- be leaders



- learn new skills



- tell people about our work



- work together.



We also work with other organisations.



More information

You can contact ACON.



Website acon.org.au



Email acon@acon.org.au



Call 02 9206 2000

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